

# ENSA Report

Podlogar Cveto AGS-J

Chamonix area; from 2.09. to 11.09.'03

## OPINIONS& CONCLUSIONS

### PROGRAM

### EXPENCISE

## OPINIONS&CONCLUSIONS

As international guide training and all the lectures were in English, this report would be in same language as well.

Because of two times schedule changes last moment, my participation was shorter than other three Japanese members Nakajima, Yamashita and Tanahashi. But still I could join all main rope work sessions, climbing routes and for us unfamiliar rescue practice on glacier.

Both teachers Mr. Jean Coudray and Mr. Anselme Baud were very pleased with our high level guiding performance on mix and rock climbing routes and other rope work and rescue techniques.

1) About three Japanese colleague members Nakajima, Yamashita, Tanahashi, my personal opinion is; that they meet good English standard level and there was no miss understanding on lectures and they have good language base for future work in foreign countries.

2) About all practice in general my opinion is that French guiding technique based on improvisation simplicity and speed, when on move, or working with rope.

3) ENSA Professor Jean Coudray issued CONCLUSION STATEMENT about our training including program we did, and that all four of us meet UIAGM level standards.

PROGRAM with Mr. Jean Coudray

3/09 Aiguille du Midi ? Rognon du Plan 3606m (15 to 20cm new snow, weather fine)

Guiding practice, tide rope: narrow snow ridge, mix terrain ice and rock,

crossing bergschrund and crevasses, 2P double axe climbing

Point: guide speedy move and rope work; when belaying always predict the direction of client fall

4/09 Le Clocher du Brevent (weather super fine)

Rock climbing: Crakoukass route 250m, 6b max ? 5c (double rope 2x30m and 2x50m 3 persons)

Point: using 2 New Alp belay devices; guide for belaying, client for self-belaying; NA device always exchanging at belay point

No Rappelling (rappel is basically dangerous) from pinnacles if less than 15m; client roll down, guide follow Duecy method, 4x rope (like technique when cleaning the roof pitch when aid climbing) or rappel normal Dufour method on single rope

PM go to Cosmiques hut

5/09 Mont Blanc du Tacul 4248m(weather super fine, 20cm new snow or hard ice)

Mix climbing route: 1) Contamine-Grissole II. AD 350m 50/55°max 60°(1968)  
2) Arete des Cosmiques AD 200m (Aiguille du Midi)

Point: 1) fast moving trough couloir, short pitches 20m to see what client is doing, if two clients belay point with two ice screws

2) No crampons climbing, guide climb down except one time, client roll down, short pitches or tide short rope

\*\*\* Meet and talk with famous climber Christopher Profit, now professional guide

6/09 Grands Montets 3275m, Argentiere glacier (weather; foggy, snowy)

Crevasse rescue: pulling systems, rappelling on single ice pickle, rappelling on half of the main rope inside the snow with Dufour knot setting, ( teleferique) half Tyrolean half rappelling system for crossing bergschrund

Point: use simple equipment, which you're familiar with (Machard knot etc...mini traxion stuffed with snow not working well), best 5:1 system because using 2 anchors; if serious trouble with tied knots use knife to cut it of etc..

Point if using 8 knots on the rope between persons, or without it. Static

kevlar rope not much in use anymore.

7/09 Free day ? evening meeting with Mr. Coudray and Mr. Baud Anselme

PROGRAM Mr. Baud Anselme

8/09 ENSA (weather: rain, PM partly cloudy)

Rope techniques; from the official ENSA text book: double bowline knot harness, anchors, self rescue with Garda hitch or with only one cordelette and Polonais hitch on main rope, rappel rescue etc... Glacier travel systems. Visit Ensa equipment test center

9/09 ENSA, Anselme's private house (weather-rain)

Visit Ensa's library, watch video Anselme's clients guiding expedition to Denali ? lunch at Ensa restaurant

Private house: Ensa 3 ski tour videos directed by Jean Coudray (ski guiding techniques and winter crevasse rescue)

Anselme video 1) extreme ski ? Gervassutti couloir and 2) extreme ski 50° guided tour with client from the top of Aiguille Verte ?! PM free climbing at Ensa gym

10/09 Pelerins glacier (weather-cloudy, foggy, snowy, 20 to 30cm wet new snow)

Glacier travel; route finding, crossing or jumping over crevasse, rappel from single ice axe, from half snow bollard on leap of bergschrund, on ice screw. Crevasse rescue several systems

Points: speed, on the mountains we always lose the time never win

Problems retrieving ice axe and ice screw after rappel

Crevasse rescue problem; machard is not blocking if laying to tide on ice

On descent hip sliding to make artificial avalanche, after easier controlling client tied rope descent

"Conclusion" sayonara dinner party with Mr. Coudrey, Baud, Saito, Nakajima, Cveto, Tanahashi, Yamashita.

Unofficially receiving training diploma from Professor Coudray.

I got personal offer from Mr. Baud and Coudray to join as a observer winter ENSA ski mountaineering and rescue course in January or February next

season.

EXPENCISE

From AGS-J received 150.000¥ = (EURO rate 140,57) = 1067.08 EURO

Lecture fee

E 425

Stay (mountain hut, Saito apartment etc...)

E 191.50

Text books, maps

E 81.25

Transportation

E 102

Food (on the mountain, apartment, dinner party)

E 206.56

Necessary equipment

E 60

TOTAL

EURO 1066.31

In Tokyo 18/09/2003 AGS-J Podlogar Cveto